



SWAY BAR LINKS INSTALLATION INSTRUCTIONS

2006-2012 Toyota RAV4

2013 – 2018 Toyota RAV4

Installation time: about 1 hour

IMPORTANT:

- Read the attached GENERAL INSTALLATION NOTES prior to beginning any work.
- Read these instructions fully prior to beginning work to verify all tools, equipment, skills and methods are on hand to safely complete the installation.

SWAY BAR LINK REPLACEMENT KIT MATERIAL LIST

- SWAY BAR LINK 2

Installation of these components should be performed by experienced and qualified mechanics, using safe and correct tools and equipment. Northwoods recommends this installation be performed by a qualified automotive shop.

1. Support the vehicle safely on a lift or hoist, or certified jack stands.
 2. It is recommended that the negative battery cable be disconnected during all maintenance procedures.
 3. Size references below are wrench sizes, unless otherwise noted.
 4. The sway bar links require grease prior to use. It is easier to grease the top and bottom bearings prior to installation. Use a high quality chassis lube to grease the bearings.
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1. With vehicle safely supported, remove front wheels.
 2. Starting on the left, remove the sway bar link. Hold the center stud with either a 6mm allen wrench and remove the nut (17mm).
 3. Remove the right side sway bar link.
 4. Install the right side sway bar link. The secure the stud from turning (18mm open end wrench) and tighten the nut (18mm). Tighten securely.
 5. Return to the left side and install the second sway bar link. This will make alignment of the links to the struts easier.
 6. Install the wheels and lower the RAV.

GENERAL INSTALLATION NOTES

- Installation shall be performed by qualified, experienced mechanics capable of performing this type of work. Northwoods recommends the work be performed in qualified ASE certified shops.
- Use only quality, certified tools and equipment appropriate for the job.
- Vehicle should only be supported by certified hoists, lifts, or jackstands of adequate capacity.
- Use only certified, dedicated spring compressors to compress and assemble springs. Northwoods recommends springs only be assemble and installed by qualified auto repair shops.
- Actual lift heights will vary by vehicle due to vehicle accessories, weights, loading, wear, and other factors.
- Upon completion of installation of springs or other suspensions and steering components, vehicles should be immediately aligned at a qualified shop.
- Modification to vehicle ride height requires re-alignment of headlights.
- Full inspection of all components installed should be checked after 300 miles of driving, including torque of all fasteners.
- Modified vehicles will handle and perform differently from stock vehicles, and the modified vehicle characteristics should be considered for driving safety. Modified vehicles may have affects to vehicle steering and response, and increased braking distances due to increased vehicle weight or larger tires.
- Modified vehicles may exhibit increased wear to suspension and other components, as well as an increase in vibration due to changes in component alignment and operating angles.